



Patient Instructions for Collecting Nasal Specimen for MRSA Detection

1. Obtain a culture swab (see picture below) from your doctor or the laboratory. If specimen is to be collected from a child, then ask for an NP or “thin-wire” swab.



SWAB



PRESERVATIVE
TUBE

2. Remove swab and the preservative tube from bubble pack.
3. Insert swab about three-quarter of an inch or 2 centimeters into one nostril.



4. Rub and rotate the swab against all sides of the nose for 3 seconds. Remove swab
5. Now place same swab into the second nostril and repeat the process.
6. Remove clear cap from the preservative tube, insert swab into the preservative until blue cap locks into place.
7. Return specimen tube to doctor's office or Lab. personnel for labeling and testing.